

Preventive Medicine



Saw Palmetto Plus

DESCRIPTION

Saw Palmetto Plus is a synergistic and comprehensive combination of vitamins, minerals, amino acids, herbals, and other nutrients, carefully formulated and specifically designed to support the healthy structure and function of a man's prostate.

FUNCTIONS

The active ingredients of **Saw Palmetto Plus** have been shown to positively affect the structure and function of the prostate gland during the normal aging of men. Saw Palmetto (*Serenoa repens*), aided by pygeum (*Pygeum africanum*), inhibits the conversion of testosterone to its more active, and potentially deleterious form, dihydrotestosterone (DHT), via inhibition of alpha-5-reductase. Saw palmetto not only inhibits the binding of DHT to cellular receptors, but also has alpha1-adrenoceptor-inhibitory properties. Alpha1-adrenoceptor antagonism may be responsible for saw palmetto's therapeutic effect in supporting the urinary tract during the normal aging of men. Saw palmetto extracts have also been found to inhibit the biosynthesis of proinflammatory prostaglandins and leukotrienes which may exacerbate those symptoms. Supplementation with *Pygeum africanum* extract, in men 50 to 75 years, significantly improved several aspects of prostate function, including nocturnal frequency, maximum flow and volume. *Pygeum* extract decreases prolactin and cholesterol levels in the prostate, which in turn decreases uptake and reduces the number of binding sites for testosterone in the prostate. In addition, *pygeum* extract, like saw palmetto, interferes with the synthesis of proinflammatory prostaglandins. Pumpkin seed is thought to have similar pharmacotherapeutic properties. Vitamin E, zinc, and proanthocyanidins provide potent antioxidant protection against oxidative damage to the prostate. The amino acids glycine, alanine, and glutamic acid, as well as vitamin B-6 and

vitamin A, have been suggested to reduce proliferation of prostate tissue cells.

INDICATIONS

Saw Palmetto Formula capsules may be a useful dietary supplement for men who wish to support and maintain the healthy structure and function of their prostate gland.

FORMULA

Each Capsule Contains:

Saw Palmetto (standardized extract) 160 mg
Pygeum Africanum (standardized extract).....50 mg
Pumpkin Seed Powder 100 mg
Glycine 50 mg
L-Alanine..... 50 mg
L-Glutamic Acid..... 50 mg
Proanthocyanidins (OPC 85+) 10 mg
Vitamin A..... 2,500 I.U.
Vitamin E (d-alpha Tocopheryl Succinate)....30 I.U.
Vitamin B-6 25 mg
(Pyridoxine HCL/Pyridoxal-5-Phosphate)
Zinc (elemental, Picolinate)..... 15 mg

SUGGESTED USE

Adults take 1 capsule daily or as directed by physician.

SIDE EFFECTS

No adverse side effects have been reported.

STORAGE

Store in a cool, dry place, away from direct light. Keep out of reach of children.

DISTRIBUTED BY

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**These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.**