

# Preventive Medicine



## Natural HGH

### DESCRIPTION

An amino acid complex specifically formulated to act as a secretagogue to stimulate the release of the body's own Human Growth Hormone (HGH) naturally. Natural HGH supports healthy blood sugar levels to reduce cravings and promote the reduction of body fat. It also supports cardiovascular output and benefits workout recovery. Natural HGH in powder form is designed to dissolve in a cold beverage

### FUNCTIONS

Natural HGH contains a special blend of 5 free form amino acids known as secretagogues, that are specifically formulated to support the release of the body's own Human Growth Hormone (HGH) naturally. This supplement focuses on the release of stored human growth hormone by combining the proper quantities and ratios of L-Glutamine, L-Arginine, L-Ornithine, L-Lysine and Glycine. Supporting healthy human growth hormone levels along with the synergistic and individual effects of the free form amino acids, makes this product that benefits a more healthy aging process. Natural HGH supports Human Growth Hormone (HGH) levels within normal ranges, improvement in workout recovery, cardiovascular health, reduction in sugar cravings, and reduction in body fat.

The human growth hormone is made up of 191 amino acids and production is at its peak when we are young. HGH affects almost all body tissues. It is considered a master hormone, which controls many organ and body functions. HGH is the primary hormone responsible for stimulating tissue repair, cell replacement, brain function and enzyme production. It affects almost every cell in the body. Its release and circulation stimulates the liver to manufacture IGF-1. IGF-1 is the active, growth stimulating metabolite associated with the beneficial effects of human growth hormone therapy. Once human growth hormone is released from the pituitary glands, it circulates to the liver where it is converted to IGF-1 which then stimulates growth in a variety of tissues. The beneficial effects of elevated IGF-1 levels are well documented

and are associated with the following decreased body fat content, enhanced lean body mass, healthy cholesterol levels, efficient cardiac output, increased skin elasticity, improved memory, increased libido, and increased energy and sense of well-being. With age, circulating levels of IGF-1 decline due to the inability of the pituitary gland to release the human growth hormone. A hormone called somatostatin inhibits its release. At age 21, the normal level of circulating HGH is about 10 milligrams per deciliter of blood, while at age 61 it is 2 milligrams per deciliter, a decrease of 80%!

### INDICATIONS

Natural HGH is a dietary supplement to support cardiovascular and growth hormone functions and fat metabolism.

### FORMULA

**Serving Size:** 1 (10.25 g) Scoop

#### Amount per serving:

|                   |          |
|-------------------|----------|
| L-Glutamine ..... | 6,000 mg |
| L-Arginine .....  | 1,000 mg |
| L-Ornithine ..... | 1,000 mg |
| L-Lysine .....    | 1,250 mg |
| Glycine .....     | 1,000 mg |

### SUGGESTED USE

As a dietary supplement, mix one scoop per day in 8 oz juice or water and take on an empty stomach at bedtime or right after strenuous exercise, or as directed by your healthcare practitioner.

### SIDE EFFECTS

Persons with kidney disorders should consult with their healthcare practitioner prior to using this product. If you are pregnant or nursing, consult your healthcare practitioner before taking this product.

### DISTRIBUTED BY

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**These supplements have not been evaluated by the Food and Drug Administration.**

**This product is not intended to diagnose, treat, cure or prevent any disease.**

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