

Preventive Medicine



Healthy Weight Support

Healthy Weight Support is a synergistic blend of nutrient and herbs designed to offer nutritional weight loss support.

FUNCTIONS

Glucose metabolism can be associated with abnormally high blood glucose leading to weight gain. Garcinia aids healthy blood glucose levels.

Gymnema sylvestre is an Ayurvedic botanical that may assist in the regeneration and repair of pancreatic beta cells. Gymnema is also helps reduce intestinal glucose absorption.

Bitter melon grows in tropical areas, including parts of East Africa, Asia, the Caribbean, and South America, where it is used as a food as well as a medicinal remedy. The fruit of this plant prevents excessive conversion of glucose from carbohydrate into body fat.

Garcinia cambogia, a tropical fruit grown in Asian rain forest area. Research also indicates that (-) hydrocitric acid plays an important role in the regulation of a normal appetite.

Alpha-lipoic acid is a fat- and water-soluble, sulfur- containing coenzyme. It functions in the body much like a B-vitamin, since it is involved in energy production.

Chromium is a component of the glucose tolerance factor (GTF), a naturally occurring compound of chromium, nicotinic acid, and amino acids that are essential for proper glucose metabolism. Adequate chromium nutrition is essential for the formation of GTF and subsequent control of blood glucose levels.

INDICATIONS

Garcinia for healthy weight loss support may be a useful dietary supplement for those who wish to control blood sugar metabolism.

FORMULA

3 Vegetarian Capsules Contain:

Gymnema sylvestre (min. 25% gymnemic acids).....	200 mg
Bitter Melon extract.....	200 mg
Fenugreek Seed extract.....	150 mg
(continued on reverse)	
Garcinia cambogia extract.....	835 mg (supplying 500 mg of HCA)
Alpha Lipoic A.....	100 mg
Chromium GTF.....	200 mcg
Vanadium.....	5 mg (Vanadyl Sulfate)

SUGGESTED USE

Adults take 3 capsules daily in divided doses or as directed by healthcare professional.

SIDE EFFECTS

The ingredients in Garcinia are generally well-tolerated and do not cause side effects.

STORAGE

Store in a cool, dry place, away from direct light. Keep out of reach of children.

DISTRIBUTED BY

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