

Preventive Medicine



Fish Oil Natural Lemon Flavor

DESCRIPTION

Fish Oil with natural lemon flavor delivers 500 mg of concentrated essential fatty acids per softgel.

FUNCTIONS

Hundreds of studies suggest that omega-3s may provide some benefits to a wide range of diseases: cancer, asthma, depression, cardiovascular disease, ADHD, and autoimmune diseases, such as rheumatoid arthritis. These softgels deliver 500 mg of essential fatty acids which support healthy blood lipids and promote overall health. Higher intake of EPA and DHA has also been associated with a positive mood and the natural lemon flavor promotes compliance. Fish oil is a beneficial supplement because it:

- Supports healthy blood lipids
- Provides a healthy balance of omega-3s to promote overall health
- Higher intakes of EPA and DHA are associated with a positive mood

FORMULA

Serving Size: 2 softgels

Calories:20

Calories from Fat: 18

Total Fat: 2 g

Cholesterol: less than 5 mg

Natural Marine Lipid Concentrate 2g

EPA (Eicosapentaenoic acid)...600 mg

DHA (Docosahexaenoic acid) ...400 mg

SUGGESTED USE

Take two softgels by mouth once daily or as directed by your health care provider.

SIDE EFFECTS

If pregnant or nursing, or taking medication, including blood thinning medications, consult your healthcare provider before use. Do not use before surgery. Keep out of reach of children.

DISTRIBUTED BY

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**These statements have not been evaluated by the Food and Drug Administration.
This supplement is not intended to diagnose, treat, cure or prevent any disease.**