Preventive Medicine

Conjugated Linoleic Acid (CLA)

DESCRIPTION
Conjugated Linoleic Acid helps the body metabolize existing fat deposits to be used as energy by muscle cells and the liver. Conjugated Linoleic Acid is a great way to reduce fat and increase lean muscle mass safely and effectively. Unlike many supplements for weight loss, Conjugated Linoleic Acid does not contain any stimulants..

FUNCTIONS
Conjugated Linoleic Acid is completely natural and does not contain any stimulants or artificial ingredients. CLA reduces body fat and tones muscles by decreasing the ability of fat storage cells to take dietary fats from the bloodstream. Existing fat cells shrink and new fat cells are prevented from forming. In addition, Conjugated Linoleic Acid boosts metabolism and improves the breakdown of fat in muscle cells for energy. The result is a better appearance by decreasing fat and increasing lean muscle. Conjugated Linoleic Acid reduces ability of fat storage cells to take dietary fats from the bloodstream increases breakdown of fat in muscle cells for energy, increases metabolic rate to burn fat for energy more quickly, and supports decreased fat accumulation in the abdominal area.

INDICATIONS
Conjugated Linoleic Acid is recommended for maintaining blood glucose and cholesterol levels within normal ranges, weight management, energy and improved muscle mass for Weight Lifters/Body Builders.

FORMULA
Serving Size: 1 Softgel
Amount per serving:
Calories …….. 10
Calores from Fat ……. 10
Total Fat ……. 1 g
Safflower Oil …….. 1,000 mg
yielding (Tonalin® brand) CLA ….. 800 mg

Other ingredients: gelatin, glycerin, purified water, caramel color, mixed tocopherols.

SUGGESTED USE
As a dietary supplement, take 1 softgel, 3 times daily with meals, or as directed by your healthcare practitioner.

SIDE EFFECTS
If you are pregnant or nursing, consult your healthcare practitioner before taking this or any nutritional product.

DISTRIBUTED BY
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These supplements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.