

Preventive Medicine



Adrenal Support

DESCRIPTION

Adrenal Support is an advanced vegetarian formula designed to support proper functioning of the adrenal glands. Adrenal Support provides a variety of nutritional and botanical factors that support stress management, healthy cortisol levels, the immune system and energy.

FUNCTIONS

Adrenal Support is formulated with several important vitamins and nutrients. Pantethine, B Vitamins and Phosphatidylserine are nutrients that support healthy adrenal gland function. Pantethine is related to vitamin B5 and helps to prevent over secretion of cortisol. It is also a precursor to Coenzyme A, a stress reducing enzyme necessary for adrenal function.* B Vitamins and Phosphatidylserine support adrenal gland function by supporting stress management. Riboflavin, Niacin, B6, Folic Acid, B12 and Biotin support adrenal function, stress management, blood glucose metabolism and energy production. Vitamin C acts as an antioxidant within the adrenal cortex and supports the production of adrenal steroid hormones such as Cortisol, which is synthesized from progesterone within the adrenal cortex and involved in stress adaptation. B Vitamins support the adrenal glands in the production of hormones and coenzymes, and by maintaining the health of the nervous system. Licorice helps to reduce the amount of hydrocortisone broken down by the liver, which reduces the workload of the adrenal glands. Phosphatidylserine is considered an anti-stress nutrient for both physical and emotional stress. It helps to modulate cortisol over-production and has been shown to have a positive effect on mood. Pantethine helps to reduce the over secretion of cortisol. B Vitamins, Ginseng and Licorice work together to support improved energy. Licorice along with Eleutherococcus Sinesis Root Extract and Panax Ginseng are herbs that are well known for their ability to increase energy and vitality. They help to rejuvenate the adrenal glands, reduce mental fatigue as well as support physical stamina and endurance. B Vitamins are crucial for helping the body cope with stress and

are essential for numerous functions including food metabolism and energy production, the formation of red blood cells, protecting cells against free-radicals, blood sugar regulation, supporting adrenal glands in the production of hormones, regulating electrolyte balance and maintaining the health of the nervous system.

INDICATIONS

Adrenal Support is a dietary supplement designed to provide a variety of nutritional and botanical factor that support stress management, healthy cortisol levels, support the immune system and maintain energy.

FORMULA

Serving Size: 1 Capsule

Amount per serving:

Vitamin C	100 mg
Thiamin	25 mg
Riboflavin	25 mg
Niacin (as Niacinamide)	25 mg
Vitamin B6 (as Pyridoxal 5-Phosphate) ...	25 mg
Folic Acid	100 mcg
Vitamin B12 (as Methylcobalamin)	20 mcg
Biotin	75 mcg
Pantethine	50 mg
Eleutherococcus sinensis Root Extract ..	150 mg
Ashwagandha Extract	150 mg
yielding Withanolides	3.75 mg
Phosphatidylserine Complex (from soy) ...	50 mg
Panax Ginseng Extract	50 mg
Licorice (deglycyrrhized) Root Powder	10 mg

Other ingredients: vegetable cellulose (capsule), vegetarian leucine, rice flour.

SUGGESTED USE

As a dietary supplement, take 1 capsule, 3 times daily, or as directed by your healthcare practitioner.

SIDE EFFECTS

This product contains licorice. Women with hormone sensitive conditions should avoid using licorice. Do not take this product if you are pregnant, diabetic, have hypertension,

These supplements have not been evaluated by the Food and Drug Administration.

This product is not intended to diagnose, treat, cure or prevent any disease.

congestive heart disease, liver disease or kidney disease. This product contains lead, a chemical known to the State of California to cause birth defects and other reproductive harm.

STORAGE

Store in a cool, dry place, away from direct light.
Keep out of reach of children.

DISTRIBUTED BY

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